

Mobile Massage Supplies List

The Big Stuff	
	Massage table under 30 pounds
	Bag or bin for supplies
	Pillow/bolster
	Pregnancy pillows
	Folding stool
	Table heater & extension cord

Linens	
	Sheets (fitted, flat, face cradles)
	Vinyl protective sheet for table
	Towels
	Pillowcases
	Protective waterproof pillowcases
	Washcloths if using spray cleaner
	Wet bags for dirty linens

Clothing	
	T-shirts or scrub tops
	Athletic leggings or scrub bottoms
	Slip on shoes

The Little Stuff

Oil
Lotion
Aromatherapy/ biofreeze/ medistik/ Japanese mint oil
Hand sanitizer
Holster
Gloves/masks if needed
First aid kit
Music
Gifts for birthdays/kids
Clock
Back up supplies (extra face cradle cover, paper towel, masks, oil, etc)
Soap
Table cleaner
Hard surface cleaner
Lint roller
Payment processor (square)
Cupping/ IASTM if needed

